

List of Allergens: Gluten (Wheat, barley, oat, rye, millet), **Milk, Eggs, Nuts (tree), Peanuts, Soya, Fish, Crustaceans, Mustard, Celery, Sulphites, Sesame, Lupin, Molluscs.**

CAKES	
Apple & Almond Slice	Grain containing Gluten (Wheat flour), Eggs, Nuts (almonds), Milk
Apple & Cream Horn	Grain containing Gluten (Wheat flour), Eggs, Milk (may contain traces of Lupins and Oats)
Apple Square/Apple Square (mini)	Grain containing Gluten (Wheat flour), Oats
Apple Turnover	Grain containing Gluten (Wheat flour), Milk
Apple Turnover (no cream)	Grain containing Gluten (Wheat flour)
Belgian Bun	Grain containing Gluten (Wheat flour), Sulphites
Blackcurrant Doughnut	Grain containing Gluten (Wheat flour), Oats, Sulphites.
Black Forest Cake Square	Grain containing Gluten (Wheat flour), Eggs, Milk, Soya, Sulphites
Boston Crème Doughnut	Grain containing Gluten (Wheat flour), Oats, Milk, Sulphites.
Brioche Cream Cookie	Grain containing Gluten (Wheat flour), Oats, Milk
Brownie Slice/ Brownie Slice (mini)	Grain containing Gluten (Wheat flour), Eggs, Milk, Soya (may contain traces of Mustard and Lupin)
Cake Pots- Black Forest, Lemon, Mandarin & Strawberry.	Grain containing Gluten (Wheat flour), Eggs, Milk, Soya, Sulphites
Carrot Cake/ Carrot Cake (mini)	Grain containing Gluten (Wheat, Barley flour), Eggs, Milk, Soya
Cherry Scone	Grain containing Gluten (Wheat flour), Eggs, Soy, Milk, Sulphites.
Chocolate Cream Doughnut (3)	Grain containing Gluten (Wheat flour), Oats, Milk, Soya
Chocolate Coconut Slice	Grain (containing Gluten (Wheat flour), Eggs, Milk
Chocolate Éclair/ Mini Choc Eclair/Mini Choux Bite	Grain (containing Gluten (Wheat flour), Eggs, Milk
Chocolate Fudge Cake Square	Grain containing Gluten (Wheat flour), Eggs, Milk, Soya
Chocolate Ring Doughnut	Grain containing Gluten (Wheat flour), Milk, Soya
Cheese Scone	Grain containing Gluten (Wheat flour), Eggs, Milk, Soy
Cinnamon Swirl	Grain containing Gluten (Wheat flour), Sulphites.
Coconut Square	Grain containing Gluten (Wheat flour), Milk, Eggs, Soya, Sulphites.
Cream Horn	Grain containing Gluten (Wheat flour), Eggs, Milk (may contain traces of Lupins and Oats)
Cream Scone/ Cream Scone (mini)	Grain containing Gluten (Wheat flour), Eggs, Milk, Soya, Sesame.

PRODUCED IN A BAKERY THAT HANDLES NUTS, SEEDS, EGGS, SOYA AND DAIRY. ALL PRODUCTS MAY CONTAIN TRACES.

Crystal Shell	Grain containing Gluten (Wheat flour)
Custard Fudge Doughnut	Grain containing Gluten (Wheat flour), Oats, Milk, Sulphites.
Danish – mini	Grain containing Gluten (Wheat flour), Milk, Sulphites
Danish Pastry- Apple, Apricot, Cherry, Pear, Pineapple, Strawberry	Grain containing Gluten (Wheat flour), Milk, Sulphites
Dark Cherry Tart/ Dark Cherry tart (mini)	Grain (containing Gluten (Wheat flour), Oats, Milk (may contain traces of Soya, Sulphites and Nuts)
Empire Biscuit/ Mini Empire	Grain (containing Gluten (Wheat flour), Oats, Sulphites.
Frangipani Tart	Grain (containing Gluten (Wheat flour), Oats, Eggs, Milk, Nuts (Almonds, may contain traces of other nuts)
Fruit Scone/ Fruit Scone (mini)	Grain containing Gluten (Wheat flour), Eggs, Milk, Soy
Fruit Square/ Fruit Square (mini)	Grain containing Gluten (Wheat flour), Oats
Fudge Cream Doughnut (3)	Grain containing Gluten (Wheat flour), Oats, Milk, Soya
Fudge Ring Doughnut	Grain containing Gluten (Wheat flour), Milk, Soya
Giant Yum Yum	Grain (containing Gluten (Wheat flour), Oats, Sulphites
Iced Ginger Square	Grain containing Gluten (Wheat flour), Milk, Soya, Egg, Sulphites
Iced Apple Square	Grain (containing Gluten (Wheat flour), Oats, Sulphites
Iced Frangipani Tart	Grain (containing Gluten (Wheat flour), Oats, Eggs, Milk, Nuts (Almonds, may contain traces of other nuts), Sulphites
Iced Fruit Square	Grain containing Gluten (Wheat flour), Oats, Sulphites
Jam Filled Doughnut	Grain containing Gluten (Wheat flour), Oats
Lemon filled Doughnut	Grain containing Gluten (Wheat flour), Oats, Egg, Sulphites
Lemon Square	Grain (containing Gluten (Wheat flour), Eggs, Milk, Soya, Sulphites
Lemon Tart	Grain (containing Gluten (Wheat flour), Oats, Milk, Egg, Sulphites
Linzer Biscuit- Raspberry, Lemon, Caramel, Chocolate	Grain containing Gluten (Wheat flour), Oats, Milk
Mandarin Cake Square	Grain containing Gluten (Wheat flour), Milk, Eggs, Soya
Mixed Fruit Danish Whirl	Grain containing Gluten (Wheat flour)
Mixed Fruit Tart	Grain containing Gluten (Wheat flour), Oats, Milk, Sulphites
Nutella & Caramel Empire	Grain containing Gluten (Wheat flour), Oats, Milk, Nuts (hazelnuts)

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Nutella Filled Doughnut	Grain containing Gluten (Wheat flour), Oats, Milk, Nuts (hazelnuts)
Orange and Cranberry Scone	Grain containing Gluten (Wheat flour), Eggs, Soy, Milk, Sulphites
Pear Frangipani	Grain (containing Gluten (Wheat flour), Oats, Eggs, Milk, Nuts (Almonds, may contain traces of other nuts)
Pecan & Maple Danish	Grain (containing Gluten (Wheat flour), Nuts (Pecan, may contain traces of Peanuts), Eggs, Milk
Plain Scone/ Plain Scone (mini)	Grain containing Gluten (Wheat flour), Eggs, Milk, Soy
Plum Butter Slice	Grain (containing Gluten (Wheat flour), Eggs, Milk
Posh Pineapple Tart / Posh Pineapple Tart (mini)	Grain containing Gluten (Wheat flour), Oats, Milk, Sulphites
Posh Pink Tart/ Posh Pink Tart (mini)	Grain containing Gluten (Wheat flour), Oats, Milk, Sulphites
Rhubarb & Cherry Slice	Grain containing Gluten (Wheat flour), Milk, Egg
Rhubarb Crumble	Grain containing Gluten (Wheat flour), Oats
Scandinavian Cinnamon Bun	Grain containing Gluten (Wheat flour), Sulphites
Sprinkle Cream Cake Square	Grain containing Gluten (Wheat flour), Egg, Milk, Soya
Strawberry & Cream Doughnut	Grain containing Gluten (Wheat flour), Oats, Milk
Strawberry & Cream Meringue	Egg, Milk
Strawberry Cake Square	Grain containing Gluten (Wheat flour), Egg, Milk, Soya
Strawberry Cream Doughnut (3)	Grain containing Gluten (Wheat flour), Oats, Milk
Sugar Doughnut (Unfilled)	Grain containing Gluten (Wheat flour), Oats
Strawberry Éclair	Grain (containing Gluten (Wheat flour), Eggs, Milk
Strawberry Tart (all sizes)	Grain containing Gluten (Wheat flour), Oats, Milk
Sugar Ring Doughnut	Grain containing Gluten (Wheat flour), Milk, Soya
Tart Shells	Grain containing Gluten (Wheat flour), Oats
Vanilla Slice/ Vanilla Slice (mini)	Grain containing Gluten (Wheat flour), Milk
Victoria Sponge- mini	Grain (containing Gluten (Wheat flour), Eggs, Milk
Wholemeal Fruit Scone	Grain containing Gluten (Wheat flour), Eggs, Soy, Milk
Wholemeal Scone	Grain containing Gluten (Wheat flour), Eggs, Soy, Milk
LOAF CAKES	
Lemon Loaf with Buttercream	Grain containing Gluten (Wheat flour), Eggs, Milk, Sulphites

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Bounty Loaf	Grain containing Gluten (Wheat flour), Eggs, Milk
Carrot Cake Loaf	Grain containing Gluten (Wheat, Barley flour), Eggs, Milk, Soya
Cherry Madeira	Grain containing Gluten (Wheat flour), Eggs, Milk, Sulphites
Chocolate Loaf with Fudge Topping	Grain containing Gluten (Wheat flour), Eggs, Nuts (almonds), Milk (may contain traces of Mustard, Soya and Lupin)
Coconut Raspberry	Grain containing Gluten (Wheat flour), Eggs, Milk
Coffee & Walnut Loaf	Grain containing Gluten (Wheat flour), Eggs, Milk, Nuts (Walnut)
Dutch Apple Loaf with Buttercream	Grain containing Gluten (Wheat flour), Eggs, Milk
Farmhouse Fruit Loaf	Grain containing Gluten (Wheat flour), Eggs, Milk
Ginger Loaf with Thick Icing	Grain containing Gluten (Wheat flour), Milk, Soya, Egg, Sulphites
Toffee Loaf Cake	Grain containing Gluten (Wheat flour), Eggs, Milk, Soya
TRAYBAKES	
Iced Ginger Traybake	Grain containing Gluten (Wheat flour), Milk, Soya, Egg, Sulphites
Malteser Traybake	Grain containing Gluten (Wheat flour), Barely Malt, Eggs, Nuts (almonds), Milk (may contain traces of Mustard, Soya and Lupin)
Millionaires Shortbread Traybake	Grain containing Gluten (Wheat flour), Oats, Milk, Soya
Mint Aero Traybake	Grain containing Gluten (Wheat flour), Eggs, Nuts (almonds), Milk (may contain traces of Mustard, Soya and Lupin)
Old School Caramel Shortbread Traybake	Grain containing Gluten (Wheat flour), Oats, Milk, Soya
Rocky Road Traybake	Grain containing Gluten (Wheat flour and Spelt flour), Oats, Milk, Soya, Sulphites
Toffee Popcorn Brownie Traybake	Grain containing Gluten (Wheat flour), Eggs, Nuts (almonds), Milk (may contain traces of Mustard, Soya and Lupin)
LARGE CAKES/GATEAU	
Apple & Pear Tart – serves 6	Grain containing Gluten (Wheat flour), Oats, Eggs, Nuts (Almonds)
Apple Strudel	Grain containing Gluten (Wheat flour), Eggs, Milk, Sulphites
Birthday Gateau	Grain containing Gluten (Wheat flour), Eggs, Milk, Sulphite
Deep Apple Pie	Grain containing Gluten (Wheat flour), Oats

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Fresh Cream Tortes/Logs:	
-Black Forest	Grain containing Gluten (Wheat flour), Eggs, Milk, Soya, Sulphites
-Chocolate Cream	Grain containing Gluten (Wheat flour), Eggs, Milk, Soya
-Hazelnut	Grain (containing Gluten (Wheat flour), Eggs, Milk, Soya, Nuts (Hazelnuts)
-Lemon Cream	Grain (containing Gluten (Wheat flour), Eggs, Milk, Soya, Sulphites
-Mandarin	Grain containing Gluten (Wheat flour), Milk, Eggs, Soya
-Peach & Brandy	Grain containing Gluten (Wheat flour), Milk, Eggs, Soya
-Pear Helene	Grain containing Gluten (Wheat flour), Milk, Eggs, Soya
-Raspberry	Grain containing Gluten (Wheat flour), Milk, Eggs, Soya
-Strawberry	Grain containing Gluten (Wheat flour), Milk, Eggs, Soya
Carrot Cake	Grain containing Gluten (Wheat, Barley flour), Eggs, Milk, Soya
Chocolate Orange Cake	Grain containing Gluten (Wheat flour), Milk, Eggs, Soya
Coffee & Walnut Cake	Grain containing Gluten (Wheat flour), Eggs, Milk, Nuts (Walnut)
Malteser Cake	Grain containing Gluten (Wheat flour), Barley, Milk, Eggs, Soya
Naked Cake (Vanilla)	Grain containing Gluten (Wheat flour), Milk
Strawberry Cake	Grain containing Gluten (Wheat flour), Milk, Eggs, Soya
Triple Layer Chocolate Cake	Grain containing Gluten (Wheat flour), Milk, Eggs, Soya
Victoria Sponge	Grain containing Gluten (Wheat flour), Milk, Eggs, Sulphites
SEASONAL	
Easter Lemon & White Choc Cake	Grain (containing Gluten (Wheat flour), Eggs, Milk, Soya, Sulphites
Seasonal Fruit Tart	Grain containing Gluten (Wheat flour), Oats, Milk, Sulphites
Toffee Apple Danish	Grain containing Gluten (Wheat flour), Milk
Hot Cross Buns	Grain containing Gluten (Wheat flour), Milk, Eggs, Sulphites
Luxury Almond Mince Pies	Grain containing Gluten (Wheat flour), Oats,/sulphites
Iced Mince Pies	Grain containing Gluten (Wheat flour), Oats, Sulphites
Puff Mince Pies	Grain containing Gluten (Wheat flour), Sulphites

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Stollen (Marzipan/Butter)	Grain containing Gluten (Wheat flour), Milk, Eggs, Sulphites, Nuts (Almonds)
Panettone (large and Individual)	Grain containing Gluten (Wheat flour), Milk, Eggs, Sulphites