

List of Allergens: Gluten (Wheat, barley, oat, rye, millet), **Milk, Eggs, Nuts (tree), Peanuts, Soya, Fish, Crustaceans, Mustard, Celery, Sulphites, Sesame, Lupin, Molluscs.**

Please note that a number of our products are naturally vegan. However, we hold animal products onsite. All products should be assumed to have traces and are therefore not "Free From."

ROLLS	
Bavarian Ciabatta	Grain containing Gluten (Wheat Flour)
Burger Bun – Sesame	Grain containing Gluten (Wheat Flour), Sesame
Burger Bun - NO Sesame/ Mini	Grain containing Gluten (Wheat Flour)
Corn Roll	Grain containing Gluten (Wheat Flour)
French Roll	Grain containing Gluten (Wheat Flour)
Hot Dog Roll – Seeded	Grain containing Gluten (Wheat Flour), Sesame
Hot Dog Roll/ Mini	Grain containing Gluten (Wheat Flour)
Knotted Brown	Grain containing Gluten (Wheat Flour), Sesame
Knotted White	Grain containing Gluten (Wheat Flour)
Long Brown	Grain containing Gluten (Wheat Flour)
Long White	Grain containing Gluten (Wheat Flour)
Malted Grain/ Jumbo	Grain containing Gluten (Wheat Flour)
Morning Roll/ Jumbo	Grain containing Gluten (Wheat Flour)
Pretzel Burger Bun	Grain containing Gluten (Wheat Flour)
Pretzel Hot Dog Roll	Grain containing Gluten (Wheat Flour)
Rosemary Focaccia	Grain containing Gluten (Wheat Flour)
Rustic Brown/Jumbo	Grain containing Gluten (Wheat Flour), Oats
Rye Flatbread	Grain containing Gluten (Wheat Flour, Rye Flour)
Rye Sourdough Roll	Grain containing Gluten (Wheat Flour, Rye Flour)
Soup Roll - Malted Grain	Grain containing Gluten (Wheat Flour)
Soup Roll - Rye	Grain containing Gluten (Wheat Flour, Rye Flour)
Soup Roll - White (Seeded NOT sesame)	Grain containing Gluten (Wheat Flour)
Soup Roll - White (Sesame)	Grain containing Gluten (Wheat Flour), Sesame
Soup Roll - White (Unseeded)	Grain containing Gluten (Wheat Flour)
Soup Roll - Wholemeal	Grain containing Gluten (Wheat Flour)
Split Roll	Grain containing Gluten (Wheat Flour), Sesame
Sundried Tomato Bread	Grain containing Gluten (Wheat Flour)
Vegan Brioche Burger Bun - Sesame (all sizes)	Grain containing Gluten (Wheat Flour), Oats, Sesame
Vegan Brioche Burger Bun - Unseeded (all sizes)	Grain containing Gluten (Wheat Flour), Oats
Vegan Brioche Hot Dog Roll	Grain containing Gluten (Wheat Flour), Oats
White Bap/ Jumbo	Grain containing Gluten (Wheat Flour)
White Flatbread	Grain containing Gluten (Wheat Flour)
CROISSANTS, MUFFINS, PRETZELS, BAGELS	
Almond Croissant	Grain containing Gluten (Wheat Flour), Nuts (Almonds)
Croissant	Grain containing Gluten (Wheat Flour)
Croissant Sticks - Salt and Rosemary	Grain containing Gluten (Wheat Flour)
English Muffin	Grain containing Gluten (Wheat Flour), Oats

PRODUCED IN A BAKERY THAT HANDLES NUTS, SEEDS, EGGS, SOYA AND DAIRY. ALL PRODUCTS MAY CONTAIN TRACES.

New York Style Charcoal Bagel – Vegan	Grain containing Gluten (Wheat Flour)
New York Style Everything Bagel – Vegan	Grain containing Gluten (Wheat Flour), Sesame, Sulphites
New York Style Focaccia Bagel – Vegan	Grain containing Gluten (Wheat Flour)
New York Style Onion Bagel – Vegan	Grain containing Gluten (Wheat Flour), Sulphites
New York Style Plain Bagel - Vegan	Grain containing Gluten (Wheat Flour)
New York Style Poppyseed Bagel – Vegan	Grain containing Gluten (Wheat Flour)
New York Style Pretzel Bagel – Vegan	Grain containing Gluten (Wheat Flour)
New York Style Salt & Chilli Bagel – Vegan	Grain containing Gluten (Wheat Flour)
New York Style Sesame Bagel – Vegan	Grain containing Gluten (Wheat Flour), Sesame
Pretzel – Salt	Grain containing Gluten (Wheat Flour)
Pretzel - Salt & Chilli	Grain containing Gluten (Wheat Flour)
Pretzel- Everything	Grain containing Gluten (Wheat Flour), Sesame, Sulphites
Vegan Pain Au Chocolate	Grain containing Gluten (Wheat Flour), Soya
BREADS	
American Onion	Grain containing Gluten (Wheat Flour), Sulphites
Bavarian Dark Rye (all sizes)	Grain containing Gluten (Wheat flour, Rye Flour)
Black Olive Bloomer	Grain containing Gluten (Wheat Flour)
Bread Wreath	Grain containing Gluten (Wheat Flour), Sesame
Brown Bloomer (all sizes)	Grain containing Gluten (Wheat Flour), Oats
Caraway Bloomer (all sizes)	Grain containing Gluten (Wheat Flour, Rye Flour)
Caraway Cobb	Grain containing Gluten (Wheat Flour, Rye Flour)
Combicorn	Grain containing Gluten (Wheat Flour)
Cornbread (all sizes)	Grain containing Gluten (Wheat Flour)
Crusty Split	Grain containing Gluten (Wheat Flour)
Farmhouse	Grain containing Gluten (Wheat Flour)
Focaccia Tray - Sundried Tomato	Grain containing Gluten (Wheat Flour)
Focaccia Tray - Salted lightly fired	Grain containing Gluten (Wheat Flour)
Focaccia Tray - Sea Salt & Rosemay	Grain containing Gluten (Wheat Flour)
Focaccia Tray 18x30	Grain containing Gluten (Wheat Flour)
Focaccia Tray Sundried Tomato/Rosemary	Grain containing Gluten (Wheat Flour)
Franken Rye (all sizes)	Grain containing Gluten (Wheat flour, Rye Flour)
French Stick - Sundried Tomato	Grain containing Gluten (Wheat Flour)
French Stick - White (all sizes)	Grain containing Gluten (Wheat Flour)
French Stick - Wholemeal (all sizes)	Grain containing Gluten (Wheat Flour)
Italian (all sizes)	Grain containing Gluten (Wheat Flour)
Kassler (all sizes)	Grain containing Gluten (Wheat flour, Rye Flour)
Linseed Loaf (all sizes)	Grain containing Gluten (Wheat flour, Rye Flour)
Malted Grain Bloomer (all sizes)	Grain containing Gluten (Wheat Flour)
Malted Grain Cobb (all sizes)	Grain containing Gluten (Wheat Flour)
Oat Bread	Grain containing Gluten (Wheat Flour), Oats
Onion Bloomer	Grain containing Gluten (Wheat Flour), Sulphites

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Onion Bread (all sizes)	Grain containing Gluten (Wheat Flour), Sulphites
Onion Cobb	Grain containing Gluten (Wheat Flour), Sulphites
Organic Rye Bread	Grain containing Gluten (Wheat Flour, Rye Flour)
Organic Tinned White	Grain containing Gluten (Wheat Flour)
Organic Tinned Wholemeal	Grain containing Gluten (Wheat Flour)
Organic White Loaf	Grain containing Gluten (Wheat Flour)
Organic Wholemeal Bread	Grain containing Gluten (Wheat Flour)
Pagnotta (all sizes)	Grain containing Gluten (Wheat Flour)
Pizza Bases (all sizes)	Grain containing Gluten (Wheat Flour)
Plusminus (all sizes)	Grain containing Gluten (Wheat Flour)
Pumpkin Rye Bread	Grain containing Gluten (Wheat Flour, Rye Flour)
Russian Rye (all sizes)	Grain containing Gluten (Wheat Flour, Rye Flour)
Rustic French Stick (all sizes)	Grain containing Gluten (Wheat Flour)
Salt & Chilli Bloomer	Grain containing Gluten (Wheat Flour)
Sandwich Brown	Grain containing Gluten (Wheat Flour)
Sandwich White	Grain containing Gluten (Wheat Flour)
Soda Bread – White	Grain containing Gluten (Wheat Flour)
Soda Bread – Wholemeal	Grain containing Gluten (Wheat Flour)
Spelt Sourdough Bloomer	Grain containing Gluten (Wheat Flour, Spelt Flour)
Spelt Sourdough Cobb (all sizes)	Grain containing Gluten (Wheat Flour, Spelt Flour)
Spiced Landbrot	Grain containing Gluten (Wheat flour, Rye Flour)
Sultana & Walnut Bread	Grain containing Gluten (Wheat Flour), Nuts (Walnut)
Sundried Tomato Bloomer (all sizes)	Grain containing Gluten (Wheat Flour)
Sundried Tomato Crown	Grain containing Gluten (Wheat Flour)
Sunflower	Grain containing Gluten (Wheat Flour)
Sweet & Sour Rye Cobb (all sizes)	Grain containing Gluten (Wheat flour, Rye Flour)
Sweet & Sour Rye Long	Grain containing Gluten (Wheat flour, Rye Flour)
Tinned 100% Rye	Grain containing Gluten (Rye Flour)
Tinned Brown (all sizes)	Grain containing Gluten (Wheat Flour)
Tinned Malted Grain (all sizes)	Grain containing Gluten (Wheat Flour)
Tinned Russian	Grain containing Gluten (Wheat flour, Rye Flour)
Tinned White (all sizes)	Grain containing Gluten (Wheat Flour)
Vegan Brioche Loaf	Grain containing Gluten (Wheat Flour), Oats
Vienna Bloomer	Grain containing Gluten (Wheat Flour)
Vienna Bloomer – Seeded (not Sesame)	Grain containing Gluten (Wheat Flour)
White Cobb (all sizes)	Grain containing Gluten (Wheat Flour)
VEGAN CAKES	
Linzer Biscuit Raspberry - Vegan	Grain containing Gluten (Wheat Flour), Oats, Sulphites
Vegan Apple Pie	Grain containing Gluten (Wheat Flour), Oats

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Vegan Cherry Brownie/Mini	Grain containing Gluten (Wheat Flour), Soya, Sulphites
Vegan Cherry Scone	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Chocolate Filled Doughnut	Grain containing Gluten (Wheat Flour), Oats, Soya
Vegan Cinnamon Swirl	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Coconut Finger with vegan Cream	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Coconut Snowball	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Cream Doughnut	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Danish - Apple	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Danish - Apricot	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Danish – Cherry	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Danish - Mini	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Danish - Pear	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Danish - Pineapple	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Danish - Strawberry	Grain containing Gluten (Wheat Flour), Sulphites
Vegan Empire/Mini	Grain containing Gluten (Wheat Flour), Oats, Sulphites
Vegan Fruit Scone/Mini	Grain containing Gluten (Wheat Flour)
Vegan Maritozzi	Grain containing Gluten (Wheat Flour), Oats, Sulphites
Vegan Plain Scone/Mini	Grain containing Gluten (Wheat Flour)
Vegan Posh Pineapple Tart	Grain containing Gluten (Wheat Flour), Oats, Sulphites
Vegan Posh Pink Tart	Grain containing Gluten (Wheat Flour), Oats, Sulphites
Vegan Rhubarb Crumble	Grain containing Gluten (Wheat Flour), Oats
Vegan Strawberry Filled Doughnut	Grain containing Gluten (Wheat Flour), Oats
Vegan Strawberry Tart	Grain containing Gluten (Wheat Flour), Oats, Sulphites
Vegan Unfilled Sugar Doughnut	Grain containing Gluten (Wheat Flour), Oats
Vegan Wholemeal Fruit scone	Grain containing Gluten (Wheat Flour)
Vegan Wholemeal Scone	Grain containing Gluten (Wheat Flour)
SEASONAL CAKES	
Vegan Mince Pie	Grain containing Gluten (Wheat Flour), Sulphites

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